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Pear Shaped: A novel about love, heartbreak and dessert

Stella Newman

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Pear Shaped: A novel about love, heartbreak and dessert Stella Newman
Newman's book manages to be both **hilarious and heartbreaking**. But ultimately, **the story of Sophie's struggle is uplifting**. More characters of this kind are needed in contemporary fiction: women whose struggles through crises we can relate to, and whose ultimate victory can inspire us. *blogcritics.org*

'What a fantastic book. Really quite brilliant, **way superior to standard chick-lit**…so well written, fresh, insightful, funny…**honest and very contemporary.** Fantastic dialogue. Great characters. There's so much that's fresh and fun, including the food world which I loved.' Henry Fitzherbert, *Sunday Express*

The UK Number One Ebook Bestseller

Girl meets boy.
Girl loses boy.
Girl loses mind.

Sophie Klein walks into a bar one Friday night and her life changes. She meets James Stephens: charismatic, elusive, and with a hosiery model ex who casts a long, thin shadow over their burgeoning relationship. He's clever, funny and shares her greatest pleasure in life – to eat and drink slightly too much and then have a little lie down. Sophie's instinct tells her James is too good to be true – and he is.

An exploration of **love, heartbreak, self-image, self-deception and lots of food.** *Pear Shaped* is in turns smart, laugh-out-loud funny and above all, recognizable to women everywhere.

What people are saying about Pear Shaped

'If you are a girl with a passion for food, this modern city heartbreak is the book for you.'***Heat*** Magazine

'A fabulous first novel by a British writer…Her writing is **witty and snappy** and she is hilarious on the food industry … I also found her fascinating on the methodology of contemporary dating.' Wendy Holden

'With a wonderful lead character who is impossible not to like, a horrible boyfriend, witty dialogue and a vast quantity of delicious sweets and desserts, this book is for anyone who has loved and lost. A sharp, refreshing and occasionally sad story that tells beautifully, of the balance between love and insanity, it is **an honest tale of discovery and finally accepting who you are, cellulite marks and all.'**
www.handwrittengirl.com

'*Pear Shaped* is the best sort of guilty pleasure, from the copious puddings our heroine Sophie tests in her day job, to the relationship she just knows is wrong for her but can't seem to give up. You'll shout out loud willing her to dump him, and cry with laughter as you recognise all the daft things we do when we're in love. And then you'll have a second helping of pudding and **fall in love with Stella Newman's quick wit and her**

clever portrayal of that delicate balance between food, love and insanity.' Kathleen Baird-Murray

'It reminded me of a lemon meringue pie: **sharp and sweet and satisfying all at once.** It's funny, sad and uplifting... Sophie Klein's every woman who's stood in front of a mirror and hated herself, and we adore her for that, and for finally delivering a Toxic Bachelor a good kick up the arse. It's a belter.' Kate Long

'**Achingly funny, searingly honest**, *Pear Shaped* is quite simply the freshest thing I've ever read. Take note of the name Stella Newman. A must for anyone who's ever loved, lost….or eaten too much dessert.' Claudia Carroll

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From reader reviews:

Ellen Garcia:

This Pear Shaped: A novel about love, heartbreak and dessert book is just not ordinary book, you have after that it the world is in your hands. The benefit you will get by reading this book will be information inside this reserve incredible fresh, you will get facts which is getting deeper anyone read a lot of information you will get. This specific Pear Shaped: A novel about love, heartbreak and dessert without we recognize teach the one who looking at it become critical in contemplating and analyzing. Don't end up being worry Pear Shaped: A novel about love, heartbreak and dessert can bring when you are and not make your tote space or bookshelves' turn out to be full because you can have it inside your lovely laptop even cell phone. This Pear Shaped: A novel about love, heartbreak and dessert having great arrangement in word in addition to layout, so you will not experience uninterested in reading.

Marianne Haglund:

Pear Shaped: A novel about love, heartbreak and dessert can be one of your starter books that are good idea. Most of us recommend that straight away because this guide has good vocabulary which could increase your knowledge in vocabulary, easy to understand, bit entertaining but nonetheless delivering the information. The author giving his/her effort to put every word into joy arrangement in writing Pear Shaped: A novel about love, heartbreak and dessert yet doesn't forget the main position, giving the reader the hottest and also based confirm resource info that maybe you can be one among it. This great information can easily drawn you into brand new stage of crucial pondering.

Martin Norwood:

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Barbra Walker:

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your brand new friend when you're really feel alone and confuse in what must you're doing of their time.

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