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How to Get a Girlfriend: 5th Edition

Stephen Nash

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In "How to Get a Girlfriend" (5th ed) Stephen Nash, aka Playboy from Neil Strauss's "The Game", reveals his 7-step process for meeting, attracting, dating and ultimately forming a lasting relationship with a beautiful woman. Learn social skills such as how to approach a woman, how to flirt, connect and escalate while also building an attractive, masculine lifestyle which naturally brings women to you.

To have lasting success with truly select women you must first address a set of primal factors which have always sent powerful, masculine signals to women that cause them to naturally desire you. In How to Get a Girlfriend expert dating instructor Stephen Nash unlocks these elements, painting an entirely new and fresh vision of attraction, dating and relationships.

In the book, Stephen focuses you on building an authentic, masculine foundation to your life, forming a lifestyle and social circle around this central aim and then coaches you on specific social skills and effective external techniques to use to demonstrate this reality and to attract women. This combination of core beliefs and practiced skills prove to be a resoundingly durable and natural solution to a man’s dating challenges. This book makes a pivotal shift from more standard ‘dating advice’ to outline a mindset and methodology to help men break free of doubt and take specific actions in order to enjoy lasting change in this important area of life. Join the thousands of men Stephen has coached in building a more empowered life from the insights shared in this guide to finding an amazing woman for a relationship.

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