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Four Steps to Riding Success

Karin Blignault

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Four Steps to Riding Success

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Four Steps to Riding Success Karin Blignault
Karin Blignault has combined theory and experimentation to develop a system of training (and teaching) that is straightforward, fast, and brings real results. The methods described in this book teach riders to achieve rhythm, balance, suppleness, and the round flexor frame in their horses—and quickly.

She believes that riders should learn to control the whole horse as soon as possible, and uses four exercises to teach riders control of the horse's head, his shoulders, his ribcage, and his hindquarters.The results are immediate. These exercises are the building blocks of the shoulder-in and the half halt, which are the cornerstones of balanced riding. They are used to improve every movement in dressage and jumping.

Riders and teachers of every level will find something here.

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