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Reiki: The Definitive Beginner's Guide: Learn the Healing Powers of Reiki to Re-Energize your Life & Achieve Piece of Mind (Reiki, Reiki Healing, Yoga, ... Buddhism Chakras Sacred Texts))

Dominique Atkinson

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Discover The Ancient Secrets of Reiki Healing in this Amazing Book !!

This Beginner Guide Includes a Detailed Step by Step Method to Understand and Effectively Practice Reiki

Welcome to the amazing world of Reiki! As many of you know from some of my other books, this has been a passion of mine for many years. I'm blessed to have had incredible teacher's that have guided me in my practice, and I'm thrilled that you will allow me to help you learn this beautiful philosophy and way of life. The final objective is to achieve better health, a calmer mind and a more peaceful spirit.

Early on in my life, I became fascinated by Reiki. The idea that there was a way to harness the fundamental power of the universe intrigued me, and using it to heal others; in body, mind and spirit. Reiki is divided into different levels. The first Reiki level can be taught in the course of a weekend but takes years of patient study and practice to become a Reiki Master Teacher.

The body of knowledge around this subject is so extensive that I have tried to compress hundreds of lessons and teachings into this easy to read book. From the Reiki Symbolism & the Three Pillars, to a detailed description of the different Reiki Techniques, this book will kick-start your knowledge and practice of Reiki.

Reiki will change your life. By learning it, you will also have the tools to change the lives of others, and there's nothing more beautiful than compassionate love and healing.

Here is a preview of what you will learn…

- How Reiki can fundamentally improve your health
- What the philosophy entails, from the "Three Pillars of Reiki", to its fascinating symbolism
- A detailed step by step guide for beginner's to each meditation alternative
- 10 ideas around Reiki massage for beginners and experts!
- How to choose the right Reiki technique for you!

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That guide can make you to feel relax. That book Reiki: The Definitive Beginner's Guide: Learn the Healing Powers of Reiki to Re-Energize your Life & Achieve Piece of Mind (Reiki, Reiki Healing, Yoga, ... Buddhism Chakras Sacred Texts)) was bright colored and of course has pictures on there. As we know that book Reiki: The Definitive Beginner's Guide: Learn the Healing Powers of Reiki to Re-Energize your Life & Achieve Piece of Mind (Reiki, Reiki Healing, Yoga, ... Buddhism Chakras Sacred Texts)) has many kinds or style. Start from kids until youngsters. For example Naruto or Investigator Conan you can read and feel that you are the character on there. So , not at all of book are make you bored, any it can make you feel happy, fun and relax. Try to choose the best book for you and try to like reading this.

Randi Adams:

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