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The Mirror Effect: How Celebrity Narcissism Is Endangering Our Families--and How to Save Them

Drew Pinsky, S. Mark Young

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The face of entertainment has changed radically over the last decade—and dangerously so. Stars like Britney, Paris, Lindsay, Amy Winehouse—and their media enablers—have altered what we consider "normal" behavior. According to addiction specialist Dr. Drew Pinsky and business and entertainment expert Dr. S. Mark Young, a high proportion of celebrities suffer from traits associated with clinical narcissism—vanity, exhibitionism, entitlement, exploitativeness—and the rest of us, especially young people, are mirroring what we witness nightly on our TV and computer screens.

A provocative, eye-opening study, *The Mirror Effect* sounds a timely warning, raising important questions about our changing culture—and provides insights for parents, young people, and anyone who wonders what the cult of celebrity is really doing to America.

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