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The Face on Your Plate: The Truth About Food

Jeffrey Moussaieff Masson

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“It’s a challenge to create transformative moments with books, but [Masson] does it.”—Susan Salter Reynolds, *Los Angeles Times*

In this revelatory work, Jeffrey Moussaieff Masson shows how food affects our moral selves, our health, and our planet. Masson investigates how denial keeps us from recognizing the animal at the end of our fork and urges readers to consciously make decisions about food.

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