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My Life with Christ: Spiritual Meditations for the Modern Reader

S.J. Anthony Paone

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My Life with Christ: Spiritual Meditations for the Modern Reader S.J. Anthony Paone
"...A book destined to work wonders with the human soul."
-Franciscan Herald

Caught up in the turmoil and problems that arise daily in our contemporary society, the man who would know Christ today must seek Him in all available ways and means. MY LIFE WITH CHRIST is one such way. It is a basic book of spiritual meditations designed to guide readers toward that mental, emotional, and moral growth which is indispensable to a solid religious development.

In it each of the 183 meditations is presented in a 4-R format: Read, Reflect, Review, Respond. A reading of a brief passage from the Gospel is followed by a short reflection on the incident described. This observation is then expanded and applied to daily life. The final R is a colloquy which draws the reader into deep personal union with Christ. The meditations themselves are concerned with problems of spiritual anxiety, confused ideals, impatience with oneself or others, lack of charity, envy, anger, humility, hope, interior peace, and many other perplexing human emotions and states of mind. The hallmark of Father Paone's spiritual direction is the sound common sense he uses; he manages to "hit the nail on the head" every time. His style is lucid, concise and to the point, and, perhaps most important of all, it is geared to the age in which we live.

MY LIFE WITH CHRIST is an indispensable daily guide for all Catholics in search of a way to Christian perfection.

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