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Crystals for Beginners: The Ultimate Crystals and Stones Guide: Discover The Healing Power Of Crystals And Healing Stones To Heal, Relieve Stress and Experience Instant Relaxation

Christie May

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Crystals for Beginners

The Ultimate Crystals and Stones Guide: Discover The Healing Power Of Crystals And Healing Stones To Heal, Relieve Stress and Experience Instant Relaxation

This book, Crystals for beginners is the beginners' super guide to crystals, their color and their association to various parts of the body and how each can be used to cure or heal the body. It will introduce the reader to the world of crystals and stones that contain healing potential, list them and the conditions each can be used for and how. It will offer a detailed explanation on how crystal or gem therapy works to relieve stress, provide instant relaxation and rid the body of certain. The book will have a comprehensive coverage of the various parts of the body that crystals can be used to heal and the different techniques of application or rather the different methods of healing using crystals. The topics that are going to be covered in this book include:
- History and Introduction to crystals
- The Common treated conditions and their crystals
- 45 Famous crystals and the conditions they are used for
- Crystal healing: Treatment Techniques
- Crystal Healing: The seven chakras, their colors and crystals
- Crystal Healing: A simple crystal healing home procedure

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