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The Ultimate Guide to Natural Farming and Sustainable Living: Permaculture for Beginners

Nicole Faires

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The Ultimate Guide to Natural Farming and Sustainable Living: Permaculture for Beginners Nicole Faires
A beautiful, comprehensive guide to going green and living sustainably.

Permaculture is an important but often misunderstood method of growing food and building homes in a manner that works *with* nature, rather than against it, to create beautiful, healthy, and useful gardens. Blending ecology, organic agriculture, green home design, appropriate technology, and biology can be confusing and overwhelming, but *The Ultimate Guide to Natural Farming and Sustainable Living* simplifies this vast field for practical application. This is a hands-on guide, taking the beginner through each step of the design process, so that anyone can apply permaculture principles to his or her life. While the principles are simple, the in-depth topics cover every aspect of permaculture, including:

• building green homes and passive solar design
• growing edible plant communities and forest gardens
• using no-till and natural farming methods
• creating microclimates for extended growing seasons
• raising livestock with ecological foraging techniques

This is a common-sense approach to sustainable living that creates a self-sufficient and low-effort home for the people that live there, whether in the city or the country. *The Ultimate Guide to Natural Farming and Sustainable Living* isn’t a philosophy book or a dissertation on theory. It is a step-by-step, complete guide to every aspect of permaculture.

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