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Chickpea Flour Does It All: Gluten-Free, Dairy-Free, Vegetarian Recipes for Every Taste and Season

Lindsey S. Love

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Meet the New Must-Have-It Pantry Staple: Chickpea Flour

Why make chickpea flour your new go-to? Because everyone—gluten-free or not—will find a reason to love it. This versatile alternative to wheat flour shines in savory and sweet dishes alike. It's been used for centuries around the world, and is famous in Nice, France, where the flatbread *socca* is enjoyed with a chilled glass of rosé.

In this gorgeously photographed cookbook, Lindsey S. Love takes inspiration from her favorite seasonal ingredients, global flavors, and much-loved family recipes to create vibrant gluten-free, dairy-free, and vegetarian dishes where chickpea flour is the star. Gluten-free diners especially will be amazed by the variety—nothing's off the table anymore, and taste is never sacrificed. Plus, many recipes are vegan—taking advantage of chickpea flour as a base for vegan sauces and a soy-free alternative to tofu.

Lindsey's inventive recipes meld sophisticated and subtle flavors—and beg to be shared with friends and family at any time of the year!

Toast It, Sift It, Simmer It . . . Chickpea Flour Does It All:
Thickens and flavors hearty dishes like **Sunchoke and Leek Soup**

- Gives any dish a protein boost, even **Vanilla Bean Lavender Cupcakes**
- Adds creamy texture to dairy-free dishes, such as **Loaded Sweet Potatoes with Chickpea Sour Cream**
- And brings back family favorites—now gluten-free—like pizza (**Chickpea Pizza with Asparagus and Pea Shoot Tangle**) and pancakes (**Sautéed Pear and Sage Pancakes with Almonds**)!

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Jeremy Richards:

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Rebecca Moreno:

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