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The Big Move: Life Between the Turning Points

Ruth Ray Karpen, Helen Q. Kivnick, Anne M. Wyatt-Brown

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When her husband’s ill health forces them to move into an assisted living facility, Anne Wyatt-Brown suddenly finds herself surrounded by elderly residents,manyof them sick or disabled. In this lively and provocative collection, other distinguished gerontologists reflect on Anne’s movingaccount of her transitionfrom an isolated caregiver at home to a member of a vibrant andsociable community that offers care-givingsupport, while encouraging her to pursue her own interests,including exercising, reviewing articles for scholarly journals, serving on committees,and singing. By redefining notions of care and community, undoing the stigmas of aging, and valuing the psychological factors involved in accepting assistance, this volume provides abold new framework for thinking about aging, continuingcare, and making thebig move to a retirement community.

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