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# The Confident Child: Raising Children to Believe in Themselves

*Terri Apter*

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# The Confident Child: Raising Children to Believe in Themselves

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**The Confident Child: Raising Children to Believe in Themselves** Terri Apter

**A renowned social psychologist's clear-cut, thoughtful, and practical strategy for parents who want to promote self-confidence in their child.**

Raising confident, motivated, and caring children is a parent's greatest challenge. Drawing on her own extensive research on children and parents, Terri Apter has created a guide based on "emotional coaching"?learning to respond appropriately to a child's feelings?that helps parents raise children to solve problems, to be socially active and understand others, and to manage emotions, all of which are crucial to developing confidence and functioning successfully in society. Hugely insightful, reassuring, and accessible, *The Confident Child* is a truly necessary parenting guide. Winner of The Delta Kappa Gamma Society International Educator's Award.

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