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Procrastinate on Purpose Deluxe: 5 Permissions to Multiply Your Time

Rory Vaden

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Rory Vaden (*Take the Stairs*) brings his high-energy approach and can-do spirit to the most nagging problem in our professional lives: stalled productivity. Whether we're overworked, organizationally challenged, or have a motivation issue that's holding us back, millions of us are struggling to get things done.

In this simple yet powerful new book, *Procrastinate on Purpose*, Vaden presents the five permissions that set us free to do our best work – on time and without wasting energy battling stress and anxiety.

Using the POP model, readers will learn to:

- Eliminate
- Automate
- Delegate
- Consolidate
- Procrastinate (yes, you heard that right)

Anyone seeking to up their game, do meaningful work, and ditch the stress of looming deadlines and too many tasks on the front burner will embrace this smart, insightful guide.

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