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It's Time To Make a Change: 30 Days to Renew Your Heart, Mind, and Soul

Shani E. McIlwain

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No one said life would be fair. Still, we suffer the pain of loss, addiction, and rejection. And no matter what we do, it seems to suffocate us, leaving us feeling powerless to stop it. But the truth is, we can do something about this pain—we can submit wholeheartedly to God. And through this submission, we can transform our pain into purpose.

Over the course of thirty days, *It's Time to Make a Change* will challenge you to change your life through Christ. Each day provides a scripture reading, a meditation, and a specific call to action that will help you overcome self-doubt, bitterness, anger, and selfishness. To complement each reading, Shani E. McIlwain shares personal stories of her own struggles and journey toward a stronger faith and a deeper sense of fulfillment, inspiring you to give control to Christ so He can lead you to something greater.

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