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Using the Strengths Perspective in Social Work Practice: A Positive Approach for the Helping Professions

Morley D. Glicken

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Using the Strengths Perspective in Social Work Practice explains the major ideas behind the strengths perspective and then demonstatres through case studies and discussion how helping professionals can apply the strengths perspective in practice. The book is very research-oriented and includes a great deal of new research on topics such as natural healing in addicted clients, self-management of mental illness, a positive view of change in clients diagnosed with mental illness, the effectivenss of self-help groups, research on resilience in children and adults who have expereinced life traumas, research on the importance of spirituality and religious involvement, and new research data on the helping process. Most of research used in this book has been published since 2000. The book has a unique feature: a critical response section at the end of every chapter in which clinicans and researchers have an opportunity to critically respond to ideas presented. This, in effect, provides an evidence-based approach to the material in the book. Because the book shows the application of the strengths perpective in practice, Dr. Glicken includes examples showing how to apply the approach with complex client problems including abuse, domestic violence, mental illness, addictions, and other complex problems often dealt with by clinicans in the helping professions. The book is written for the helping professions and includes the work of Martin Seligman in Psychology on learned optimism, Robert Putnam on community life in America, and Dennis Saleebey, one of the original writers on the strengths perspective in social work.

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