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Thank You for Keeping Me Sober, Volume I: The Story of Dr. Bill Kent

Robert Clark Young

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"Absolutely terrific."

"I laughed and I cried."

"I started reading the first volume and I didn't come up for air until I had finished reading all three."

"This is one of the most rewarding and exciting reading experiences of my life."

These are just a few of the things readers are saying about the three volumes of THANK YOU FOR KEEPING ME SOBER.

These true stories are not just for recovering alcoholics. They are for everyone who enjoys fast-action adventures, told with all of the conflict, drama, sharp characterizations, wild turns, and hilarious surprises that Robert Clark Young's readers have come to expect.

Robert Clark Young, the author of these extraordinary adventures, took his last drink on February 11, 1986. Sobriety has allowed him to fulfill many dreams, including working and traveling around the world. Joyfully, he's witnessed some of the best the world has to offer, and, steadfastly, some of the worst.

The action in the first volume--"The Story of Dr. Bill Kent"--moves us through the palm trees, Mediterranean beaches, international social milieu, and famous antiquities of one of the world's most intriguing cultures, Alexandria, Egypt, which has fascinated and inspired writers from Constantine Cavafy to Lawrence Durrell to E. M. Forster.

In his third year of sobriety, Young is living in Alexandria, Egypt, teaching English at the American Cultural Center. One of the other teachers is Dr. Bill Kent, a "burn-your-houses-down" alcoholic. Bill is charming, entertaining, multi-talented, a brilliant linguist, delighting guests at the consular parties by telling jokes in up to fifteen different languages.

But Bill also drinks out of a flask in his classroom, acts in crazy ways that embarrass the entire expatriate community in front of foreign dignitaries, is involved in an international smuggling scheme, and is paranoid-delusional to the point of believing that the CIA has chased him all the way from South Carolina to Greece to Egypt.

Bill Kent's many positive traits will not save him. Will he drink himself into insanity? Into death? Or is there hope for Bill?

Young is determined to work with Bill, to help him stay sober--or, at least, by helping another drunk, to stay sober himself.

Regardless of whether you yourself have ever experienced a drinking problem, you're sure to agree that

THANK YOU FOR KEEPING ME SOBER is one of the most unforgettable reading experiences of your life, delivering all of the joy, gratitude, tragedy, and redemption that go along with the baffling disease of addiction--as well as the often baffling condition of simply being a human being.

Today, Young lives in San Diego, where he writes about many subjects, including eldercare. He has been the primary caregiver for his parents since 2008, when they both suffered serious strokes. All of the royalties from his books, stories, and essays featured on Kindle go to keep his parents living in freedom and dignity in their own home.

Thank you for downloading this book, and also look for THANK YOU FOR KEEPING ME SOBER, Volumes II and III.

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From reader reviews:

Rafael Arent:

This Thank You for Keeping Me Sober, Volume I: The Story of Dr. Bill Kent book is not ordinary book, you have after that it the world is in your hands. The benefit you get by reading this book is usually information inside this book incredible fresh, you will get information which is getting deeper you read a lot of information you will get. This Thank You for Keeping Me Sober, Volume I: The Story of Dr. Bill Kent without we recognize teach the one who looking at it become critical in pondering and analyzing. Don't be worry Thank You for Keeping Me Sober, Volume I: The Story of Dr. Bill Kent can bring any time you are and not make your carrier space or bookshelves' become full because you can have it within your lovely laptop even phone. This Thank You for Keeping Me Sober, Volume I: The Story of Dr. Bill Kent having excellent arrangement in word along with layout, so you will not feel uninterested in reading.

Marlene Childs:

The particular book Thank You for Keeping Me Sober, Volume I: The Story of Dr. Bill Kent will bring you to definitely the new experience of reading a book. The author style to clarify the idea is very unique. In case you try to find new book you just read, this book very acceptable to you. The book Thank You for Keeping Me Sober, Volume I: The Story of Dr. Bill Kent is much recommended to you to see. You can also get the e-book in the official web site, so you can more easily to read the book.

Robert Burke:

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